# IF YOU'VE BEEN FEELING UNWELL SINCE YOUR COVID-19 VACCINE, YOU'RE NOT ALONE

Some people are experiencing unexplained symptoms that include:

- Headaches
- Vision and hearing problems
- Period problems, heavy bleeding
- Heart attacks, chest pain, arrhythmias, palpitations
- Blood clots and blood pressure issues
- Movement and postural difficulties
- Swelling, skin rashes and bruising
- Fatigue and fibromyalgia
- Joint and muscle pain
- Muscle twitching, spasms, tremors and shaking
- Numbness, paraesthesia, paralysis
- Arthritis and autoimmune diseases
- Stomach issues and weight loss

If you feel your vaccine may have contributed to your symptoms, you can get support from a friendly community of people who understand your concerns.

## No one need suffer in silence - there is support available

#### Reach out in confidence to these groups:

## REALNOT RARE

Resource of real experiences and support groups for the Covid-19 vaccine injured. realnotrare.com

## UK CV\*

UK-based community for those injured by the Covid-19 vaccines. ukcvfamily.org

# **REACT**<sup>19</sup>

Financial, physical, and emotional support for those suffering from longterm Covid-19 vaccine adverse events globally. react19.org



World Council For Health

If you suspect vaccine injury, ask your doctor to do a full blood count, cardiac panel and D-dimer test.



A Better Way for A Better World!

### worldcouncilforhealth.org

The World Council for Health is an international health-focused coalition that seeks to broaden public health knowledge and sense-making through science and shared wisdom. We work collaboratively with 150+partners in 40+countries.

The World Council for Health has resources on its website that may be helpful to those feeling unwell after covid vaccination. These include 'A practical approach to keeping healthy after your covid-19 jab' and a 'Spike protein detox guide'.



Scan to view our Spike Detox Guide